



Simply ... Relaxing

For Massages, Manicures, Pedicures, Nail Extensions, Waxing, Facials & Makeovers & Well Being Consultations.

Whether you are visiting Speyside on business, or are taking a much-needed relaxing break or are in pursuit of the many fabulous outdoor activities, we provide a superb range of therapeutic and holistic treatments to help you relax, rejuvenate and unwind, all in the comfort and luxury of Speyburn House.



Massage

Why not indulge in rejuvenating massage for the back, neck, shoulders, arms, hands or scalp. Massage can be applied through the clothes for convenience or conventionally with oils whilst you sit in a specially designed ergonomic therapy chair making it an ideal mobile option for Speyburn House or even for your workplace or event. And with prices starting from only £12.00 for a 20 minute seated neck and shoulder massage, there's no excuse not to indulge.



Manicures & Pedicures

Simply sit back and relax whilst your hands or feet are professionally pampered. Treatments can range from 15 minutes to 1 hour and will improve the strength and texture of your nails and skin, leaving skin soft and smooth and nails perfectly polished (if required). Prices start at only £12.00 for a manicure and £15.00 for a pedicure.

Why not indulge in sculptured nail enhancements using the ever-popular UV acrylic lyte system that will transform your nails into a beautiful statement of who you are. Treatments for both hands take only 1 hour and costs only £30.00 including polish.



Waxing Treatments

Waxing is a method of removing unwanted body hair which removes the hair from the root. The benefits of waxing over shaving are that new hairs will not grow back in the waxed area for up to three to eight weeks after treatment. Treatments take from just 15 minutes to 1 hour depending on what packages you require with prices starting from just £7.50 for an eyebrow sculpting.

A full range of treatments include;

- ✚ Eyebrow Wax
- ✚ Lip or Chin Wax
- ✚ Lip & Chin Wax
- ✚ Underarm or Bikini Wax
- ✚ Half Leg Wax
- ✚ Three Quarter Leg Wax
- ✚ Full leg Wax
- ✚ Half Leg & Bikini Wax
- ✚ Three Quarter Leg & Bikini Wax
- ✚ Full Leg & Bikini Wax
- ✚ Back
- ✚ Chest
- ✚ Forearm
- ✚ Abdomen
- ✚ Full Arm
- ✚ Lower Back



Eyelashes and Tinting

Eyebrow or eyelash tinting changes the colour and adds the illusion of depth and dimension and may be the closest thing to permanent make-up for the brows and lashes. A patch test would be required 24 hours prior to treatment.

Eyelash extensions provide thickness and length to natural eyelashes, enhancing the charm and appeal of your eyes. Lashes are made thicker and longer through professional application of an individual synthetic eyelash directly onto the natural eyelash using a specially formulated bonding agent. Prices start at only £8.00



Well Being Consultation

Conventional medicines tend to be based around a "pill" or other such treatment for each symptom. Herbs can be used this way too. Indeed most conventional products are derived from herbs and plants. In herbalism however, we are more concerned with getting to the very "root" of the problem by treating the person as a whole. Therefore the whole system of the body is addressed, in the hope of taking away the cause of dis-ease in the person and strengthening the person's ability to heal themselves.

As a Herbalist I can confidentially discuss any health issues with you, and propose alternative ways of helping to restore balance to your body through the application of herbal medicine, which is a safe, gentle and effective form of medicine, that can also work well alongside orthodox medicine.

For more information on any of the treatments and services, or to make a booking, please contact me directly by either by email or telephone.

*Rebecca Clingan I.H.B.C, BSD, S.N.H.S. dip - registered and insured
Beauty Therapist and Herbalist*

rebeccalouisemc@btinternet.com or 01807 500286



Simply...Wedding and Special Occasion Makeovers

Your wedding day is the most special, cherished occasion of your life and will most likely to be the most-photographed event that you will experience, so it's important to look your very best.

As a professional beauty therapist with over 17 years experience, I can give you the perfect look by enhancing your best features and offering you a perfect makeover that will leave you feeling both radiant and confident.

This service includes a consultation and trial 4-6 weeks prior to the big event to discuss your requirements and wishes. Different looks will be tried, taking into account your hairstyle, dress and colour scheme of the wedding, leaving you happy and confident that you will look perfect on the day.

Bridal make-up including trial -£ 60
Bridesmaid make-up £ 40
Family member make-up £ 40
Group discounts available upon request

Areas covered

Within 60 mile radius of Archiestown

For areas outside this range an additional travel fee may be charged and will be confirmed at time of booking.

Payment Terms;

A £50 deposit will secure the day for you and needs to be paid in advance. This is non refundable and will be deducted from the final cost. The remainder of the balance can be paid in advance after the trial or on the wedding day.